

The Psychological Services Clinic

- ◇ The Psychological Services Clinic offers an array of mental health services to adults, teens, children and families in eastern Connecticut.
- ◇ Specialties include psychotherapy and assessment (diagnosis and treatment recommendations).
- ◇ Confidential Services
- ◇ Payment for services is based on a sliding fee scale.



Directions

From Willimantic: Follow route 195 to UConn. Turn left onto Mansfield Road, follow to the second left, Whitney road. The Psychology building is on the right, just before reaching the Dodd Research Center. Parking is available in a small lot adjacent to the driveway of the Psychology building, as you approach from Whitney Road.

From Hartford: Follow Highway/Route 84 east to exit 68. Turn right at the end of the exit and follow route 195 past the main entrance to the University, and past Mirror lake. Turn right onto Mansfield Road and

Psychological Services Clinic

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The Psychological Services Clinic

The Psychological Services Clinic offers an array of mental health services to adults, teens, children and families in eastern Connecticut. The Clinic is operated by the University of Connecticut as a



training clinic for graduate students in Clinical Psychology. All

services are provided by graduate students under the supervision of licensed clinical psychologists and faculty members in the Department of Psychology. All contacts with the Clinic are completely confidential in accordance with Connecticut state law.

Psychotherapy Services

Short-term and intermediate length psychotherapy is available to children, teens, adults, couples, and families.

The clinic uses a variety of clinical practices that are individualized, culturally sensitive, strengths-based, and include the use of evidenced based practices and interpersonal approaches.

Adult treatment is available for a variety of concerns including relationship and stress-related problems, depression, anxiety, eating disorders, posttraumatic stress disorder, and more. Adults may be seen individually or with a partner in marital or couples therapy.

Treatment for children and teens is available for a number of concerns including behavioral and emotional difficulties, attentional problems, oppositional behaviors, anxiety, depression, trauma-related difficulties, autism spectrum disorders, and more. Children/teens can be seen individually or in family sessions. Very young children may also be seen in parent child sessions. While treatment is tailored to fit the needs of each individual or family, it is expected that families will be involved in the treatment program when children are referred.

Psychological Assessment



Psychological evaluations are available for children from infancy through adolescence and adults. Individuals may be referred for the assessment of intelligence, learning disabilities, developmental disabilities, autism spectrum disorders, attentional difficulties, and emotional/behavioral problems. At the

request of clients, clinicians will provide consultation to schools and other community agencies regarding the evaluation results and treatment recommendations.

Payment for Services

The PSC charges for all services on a sliding fee scale. Individual fee agreements are negotiated at the time of treatment or assessment sessions. There is no charge for the initial psychotherapy session.



Location

The PSC is located on the second floor of the Bousfield Psychology building on the campus of the university. Parking is available free of charge in the small lot next to the building or in the South Campus parking garage.

Hours

Monday through Thursday from noon until 8 p.m. by appointment only. The clinic is open year round with the exception of state/university holidays and several weeks in August.